

Transforming Your Care

Our plans for making changes in the health and social services in the next five years



Easy to read

October 2012

This is a shorter version of the consultation document:
Transforming Your Care: Vision to Action.



Easy to read



You can get a full copy by looking at our website

www.tyconconsultation.hscni.net

If you want us to send you a paper copy of this report or the report in other formats you can contact the Transforming Your Care Team
Contact: Sinead Burns.

	<p>Telephone: 02890553790</p>
	<p>For Text Relay if you are deaf and have a text phone and want to contact someone who is not deaf use 18001 028 90553790</p> <p>Someone else will help you to talk to this person using your text phone.</p> <p>Text phone 028 90324980</p>
	<p>Email: tyconconsultation@hscni.net</p>
	<p>Fax: 01890 553625</p>

What some words mean?



When we say “**we**” in this report we mean the **Health and Social Care Board**.

When we say “**plan**” we mean a list of things that we are going to do.

When we say “**Health and Social Services**” we mean **services** such as doctors, hospitals, nurses, social workers, day centres and dentists.

When we say “**consultation**” this means we have not made a decision yet. We want to **know what you think** about our plans to help us make decisions.

When we say “**long term conditions**” we mean things like heart problems, diabetes, asthma and stroke.

When we say “**podiatrists**” we mean people who look after our feet.

When we say “**physiotherapist**” we mean someone who works to make your body better when you are sore.

When we say “**physical disability**” we mean a problem such as not being able to walk, and maybe needing a wheelchair to get around.

When we say “**sensory impairment**” we mean a problem that means not having use of all senses, such as not being able to see or hear.

When we say “**acute care**” we mean the kind of help you get from hospitals when you become very ill, perhaps suddenly, or when you need to go into hospital to get expert treatment, such as an operation.

When we say “**treatment**” we mean the care that is given to you for an illness or an injury.

When we say “**social care**” we mean care that supports people who may find it hard to manage by themselves.

When we say “**residential home**” we mean a home that looks after people who are not able to live alone for various reasons for example old age or a mental illness.

When we say “**nursing homes**” we mean a home where nurses are there all day and night to look after people.

When we say “**specialised care**” we mean care that can only be delivered by a small number of experts for example heart surgery.

Why are we doing the Consultation

We are suggesting making changes to Health and Social Care Services over the next 3-5 years.

These changes could affect you and the services you use.



We would like to hear your opinions on our plans.

We think it is important to listen to people who use our services.

Listening to what you say helps us to make our decisions.

There are opportunities throughout this document for you to tell us what you think of our plans. You can return this document to us via email or post.

Our postal address is:

Transforming Your Care Programme Team
Health and Social Care Board
12-22 Linenhall Street
Belfast
BT2 8BS

Our email address is

www.tycconsultation@hscni.net

Why do we need to make changes?

The health service needs to make changes because:

- People are living longer - this is great news but it means more people will need to use our services in the future.
- There are more people with long term conditions, like asthma, and we could provide better care for these people.
- More people are using hospital services and this will continue to grow.
- We need to make sure we can cope with the demand from the public for health and social care services.
- We need to make sure that money is spent on what people need.

We have done a lot of good things to improve health and social care for people in Northern Ireland. But we want to do better.



What do our plans say?

1. Health and Wellbeing

We want to help you to look after your body (physical health) and mind (mental health) and keep you healthy.

What does this mean?

- This means we will direct our effort to promoting good health and helping people to live healthily for as long as possible.

Question 1.

Do you agree with our plans?

Yes

No

Is there anything else you would like to say?

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(If you need to write more on any of our questions throughout this document please use another page)



2. Delivering services at home and in the community

We want to care for you and offer you services closer to home.

What does this mean?

- Instead of having to travel to hospital for some treatments, you can get these in your local area.
- Doctors, Nurses, Physiotherapists, Podiatrists and Social care will work together under the one roof, in a building not far from your home.
- Voluntary and community groups will be more involved in helping people in their own areas.

Question 2.

Do you agree with our plans?

Yes

No

Is there anything else you would like to say?

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3. Older People

We want to support older people to look after themselves in their own homes for as long as possible.

What does this mean?

- Fewer older people will need to go a nursing home or a residential care home.
- Some residential care homes will be closed. These are different to nursing homes.
- We will provide more short break for carers.
- We will provide help to support older people to stay in their own homes.

Question 3

Do you agree with our plans?

Yes

No

Is there anything else you would like to say?

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4. Long term Conditions

We plan to deliver better care to people with long terms conditions, such as diabetes, asthma, stroke and heart conditions to improve their quality of life.

What does this mean?

- People do not need to go to hospital as often or have to stay for as long a time.
- We will help you to look after your own condition so you will know quickly when you need more help from your doctor or chemist.
- We will use technology to help people early to stop their condition getting worse.

Question 4

Do you agree with our plans?

Yes

No

Is there anything else you would like to say?

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5. End of life care

We will get even better at looking after people with certain conditions who are coming to the end of their life.

What does this mean?

- Increase training for staff to help them care for patients at the end of life.
- We will listen to how people wish to be cared for in the last year of their life.
- We will try to make sure there is more choice in the place where people can die, such as their home.
- We will provide more specialist end of life care in the community.

Question 5

Do you agree with our plans?

Yes

No

Is there anything else you would like to say?

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6. Mental Health

We want to support people who need help with their mental health to look after themselves in the community.

What does this mean?

- All the people giving care in communities will work better together.
- There will be fewer people whose home is a hospital.
- Better support for carers and more short breaks.
- Giving more choice to people with mental health problems about their services.
- There will be six mental health hospitals for adults in Northern Ireland, as close as possible to other hospital buildings.

Question 6

Do you agree with our plans?

Yes

No

Is there anything else you would like to say?

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7. Learning Disability

We want to support people with learning disabilities to live in the community.

What does this mean?

- There will be fewer people whose home is a hospital.
- Providing more choices for people to live in the community.
- Providing more short breaks for carers.
- Giving more choice to people with a learning disability about their services.

Question 7

Do you agree with our plans?

Yes

No

Is there anything else you would like to say?

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8. Physical Disability and Sensory Impairment

Support people with disabilities to have more choice and control over the services they get.

What does this mean?

- We want to put in place a wider choice of services for people from voluntary and community providers.
- Provide better support for carers and more respite time off.
- Pay money directly to people with disabilities so they can decide themselves on what services to spend it on.

Question 8

Do you agree with our plans?

Yes

No

Is there anything else you would like to say?

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9. Family and Child Care

Support mums, dads and carers to give their children the best start in life.

What does this mean?

- More support to keep children safely with their families whenever possible.
- More help for parents to learn how to support their children.
- We want to have less need for children to live in residential care homes.
- More people providing foster care for children who need it.
- Improving services for children who are living with mental health problems.

Question 9

Do you agree with our plans?

Yes

No

Is there anything else you would like to say?

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10. Maternity and Child Health

Provide more care for pregnant women in the community and expert care for sick children.

What does this mean?

- We want to look after women who are expecting a baby closer to their own homes.
- We would like to be able to offer you support closer to your home.
- Reduce the length of time mothers stay in hospital where possible after having their baby.
- Look at how we provide better hospital services for children under the age of 16.

Question 10

Do you agree with our plans?

Yes

No

Is there anything else you would like to say?

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11. Acute Care in Hospitals

Hospitals in each area should work together as a team to provide the best treatment in the best place where it is safe to do so.

What does this mean?

- Some treatments may only be delivered in some hospitals.
- Ambulance services will change to make sure that patients are taken to the best place to treat them.
- Hospitals should work more closely together to make sure people are able to get the care they need.
- You might have to go to a hospital which is further away for some treatments as this will be safer.

Questions 11

Do you agree with our plans?

Yes

No

Is there anything else you would like to say?

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**12. Increasing our links with the Republic of
Ireland and Great Britain**

We will work closer with the health service in the Republic of Ireland and Great Britain to provide services together where needed.

What does this mean?

- Sometimes patients might need to go to the Republic of Ireland or Great Britain for certain types of specialised care such as heart transplants.

Question 12

Do you agree with our plans?

Yes

No

Is there anything else you would like to say?

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If there are any things in our plans that need us to explain you can contact us. Contact details are provided on page 2.

However you choose to give us your opinions we want to hear from you so please send us your comments by 15 January 2013

Thank You

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